

## PATIENT INFORMATION (\* Required field)

If you have any questions about the patient intake form, our staff is available during regular business hours to assist at 402-203-5269.

| ···                              | IAME* First  |                      | Last [  | Date of Birth   |     |
|----------------------------------|--|----------------------|---|-----------------|-----|
| EMAIL                            | k  |                      |   |                 |     |
| ADDRE                            | Zip/Postal Code  |                      |   | State Phone (c) |     |
|                                  |  |                      | Phone (h) I   |                 |     |
|                                  | Emergency Contact Name*  |                      | Emergency Contact Phone*  |                 |     |
| PER                              | MISSIONS   |                      |   |                 |     |
|                                  | u give our staff permission to leave a voicema<br>we cannot reach you?*  | il regarding         | your inquiry into Mind & Body Wellness Center in the  | ☐ Yes           | □No |
|                                  | u give our staff permission to send you text ale<br>ess Center in the event we cannot reach you?*  |                      | ing your appointments and reminders from Mind & Boo   | dy 🔲 Yes        | □No |
| How c                            | lid you find us?*  |                      |   |                 |     |
|                                  |  |                      |   |                 |     |
| VF3                              | PONSIBLE PARTY (if minor is t  | ine patient)         |   |                 |     |
|                                  | if different from the patient)   |                      |   |                 |     |
|                                  | if different from the patient)  First  |                      | Last  |                 |     |
|                                  |  |                      |   | State           |     |
|                                  | First  |                      | City S  |                 |     |
| Name (                           | FirstStreet  |                      | City S  | State           |     |
| Name (                           | Street Zip/Postal Code   |                      | City S  | State           |     |
| PRO                              | Street Zip/Postal Code  VIDERS  Care Provider  |                      | City S  | StatePhone (c)  |     |
| PRO Primary Psychia              | Street Zip/Postal Code  VIDERS  Care Provider  |                      | City S  | StatePhone (c)  |     |
| PRO Primary Psychia              | Street Zip/Postal Code  VIDERS  Care Provider  tric Provider   |                      | City S  | StatePhone (c)  |     |
| PRO Primary Psychia  YOU What co | Street Zip/Postal Code  VIDERS  Care Provider  attric Provider  IR CURRENT STATE  Endition(s) are you seeking treatment for at our             | ır clinic?* F        | City S Phone (h) I  | StatePhone (c)  |     |
| PRO Primary Psychia  YOU What co | Street Zip/Postal Code  DVIDERS  Care Provider  attric Provider  UR CURRENT STATE  Endition(s) are you seeking treatment for at our Depression | ur clinic?* <i>F</i> | Phone (h) State of the control of the contro | StatePhone (c)  |     |



| PAST SURGICAL HISTORY   |                                      |  |  |  |  |
|---|--------------------------------------|--|--|--|--|
|   |                                      |  |  |  |  |
|   |                                      |  |  |  |  |
| ALLERGIES   |                                      |  |  |  |  |
| Medication/supplement   | Reaction                             |  |  |  |  |
| MEDICATIONS □ None I am currently compliant with all medications prescribed by my mental health                     | provider.                            |  |  |  |  |
| Name/Dose   | Reason for use                       |  |  |  |  |
| If no, please explain:  |                                      |  |  |  |  |
| List any non-prescribed and or illicit drug use* If non, Type "n/A" or "None"                                       |                                      |  |  |  |  |
| PAST MENTAL HEALTH HISTORY  Do you have any of these conditions? Check appropriate box and provide date  Depression | e of onset:  Past Condition          |  |  |  |  |
| ☐ Anxiety   |                                      |  |  |  |  |
| □ □ PTSD  | ☐ Seizures                           |  |  |  |  |
| □ Insomnia  | □ Stroke                             |  |  |  |  |
| ☐ Schizophrenia   | ☐ Neuromuscular Disease              |  |  |  |  |
| ☐ ☐ Hallucinations  | ☐ ☐ History of Psychiatric Admission |  |  |  |  |
| □ □ ADD/ADHD  |                                      |  |  |  |  |
|   | □ □ Other                            |  |  |  |  |



PAST MEDICAL HISTORY Do you have any of these conditions? Check appropriate box and provide date of onset

| Past Condition Current Condition         |   |
|--|---|
| METABOLIC/ENDOCRINE                      | RESPIRATORY                               |
| ☐ ☐ Hypothyroid (under-active)           | Shortness of breath                       |
| ☐ ☐ Hyperthyroidism (overactive thyroid) | Asthma                                    |
| □ □ Other                                | Obstructive Sleep Apnea                   |
|  | ☐ Pulmonary Hypertension                  |
| GU/GI                                    | ☐ Other Lung Disorders                    |
| ☐ ☐ Kidney Disease                       |   |
| ☐ ☐ Liver Disease                        | HEMATOLOGY/ONCOLOGY                       |
| □ □ Other                                | □ □ Bleeding Disorder                     |
|  | ☐ Cancer (explain                         |
| CARDIOVASCULAR                           |   |
| ☐ High Blood Pressure                    | Other                                     |
| ☐ Controlled/Uncontrolled                |   |
| ☐ Chest Pain                             |   |
| ☐ Heart Murmur                           | OTHER                                     |
| ☐ Heart Attack                           | Substance abuse (Please check)            |
| ☐ Valve Disease                          | Marijuana 🔲 🗖 Cocaine 🔲 🗖 Methamphetamine |
| ☐ Heart Failure                          | Heroine                                   |
| ☐ Abnormal Heart Rhythm                  | Other Recreational Drugs                  |
| ☐ Bleeding Disorder                      | Last Use                                  |
| □ Other                                  | History Assault                           |
|  | History of Violent Behavior               |
|  | □ □ Other                                 |
| PAIN                                     | ·   |
| ☐ Acute Pain                             |   |
| ☐ Chronic Pain                           |   |
| ☐ Fibromyalgia                           |   |
| □ Other                                  |   |
|  |   |
|  |   |
| INFECTIOUS                               |   |
| □ □ HIV                                  |   |
| ☐ Tuberculosis                           |   |
| ☐ Hepatitis                              |   |
| Other                                    |   |
|  |   |



| Do you exercise    | regularly?* 🗆 Yes 🗖        | No How many                     | y meals to you eat per       | day?*                     | Are you happy with    | your weight?  Yes  Ne |
|--------------------|----------------------------|---------------------------------|------------------------------|---------------------------|-----------------------|-----------------------|
| When was the la    | ast time you drank alcoh   | nol, what type and ho           | ow much?*                    |                           |                       |                       |
| Are you concern    | ed about your alcoholic    | intake?* 🗖 Yes 🗖                | No                           |                           |                       |                       |
| In the last year h | nave you drank alcohol o   | or used drugs more t            | than you meant to?* <b>[</b> | ☐ Yes ☐ No                |                       |                       |
| Have you wante     | d/needed to cut down o     | on your drinking or di          | rug use in the last yea      | r?* 🗆 Yes 🗖 No            |                       |                       |
| In the last year h | nave you used alcohol o    | r non-prescription dr           | rugs to deal with feelir     | ngs of frustration or str | ress?* 🗆 Yes 🗖 No     |                       |
| As a result of dr  | inking or drug use has a   | anything happened i             | n the last year that yo      | u wished hadn't happe     | ned? 🗆 Yes 🗖 No       |                       |
| Describe the str   | ess in your life*          |                                 |                              |                           |                       |                       |
|                    |                            |                                 |                              |                           |                       |                       |
|                    |                            |                                 |                              |                           |                       |                       |
| I am not happy v   |                            | _                               |                              | -                         | П                     |                       |
| □Myself            | ☐My Partner                | ☐My Health                      | ☐My Work                     | ☐ My Life History         | ☐ My Suicide Attempt  | t  Not Applicable     |
| Please check bo    | exes related to the follow | ving conditions for D<br>Father | Depression*                  | ☐ Significa               | ant Other             | lot Applicable        |
|                    | exes related to the follow | wing conditions for F           | PTSD*                        |                           |                       |                       |
| □Self              | ☐Mother                    | □Father                         | ☐Siblings                    | ☐ Significa               | nnt Other             | lot Applicable        |
| Please check bo    | exes related to the follow | wing conditions for S<br>Father | Schizophrenia*<br>Siblings   | ☐ Significa               | ant Other             | lot Applicable        |
| Please check bo    | oxes related to the follow | wing conditions for S           | Suicidality*                 | _                         | _                     |                       |
| □Self              | ☐Mother                    | □Father                         | ☐Siblings                    | ☐ Significa               | nnt Other             | lot Applicable        |
| Please check bo    | oxes related to the follow | ving conditions for D<br>Father | Orug Abuse*<br>□Siblings     | ☐ Significa               | ant Other $\square$ N | lot Applicable        |
| Please check bo    | exes related to the follow | ving conditions for A           | Alcohol Abuse*               |                           |                       |                       |
| Self               | □Mother                    | □Father                         | Siblings                     | ☐ Significa               | ant Other             | lot Applicable        |
| Please add any     | other pertinent health in  | formation below                 |                              |                           |                       |                       |
|                    |                            |                                 |                              |                           |                       |                       |
|                    |                            |                                 |                              |                           |                       |                       |
| Please provide     | a signature below*         |                                 |                              |                           |                       |                       |
|                    |                            |                                 |                              |                           |                       |                       |
|                    |                            |                                 |                              |                           |                       |                       |
|                    |                            |                                 |                              |                           |                       |                       |

I confirm that, to the best of my knowledge, this document accurately reflects my personal health information