

## LAYING OF HANDS

During the ketamine IV Therapy session one can feel a sense of out of body or free falling or the opposite a sense of heaviness. Your journey guide can pick up on this change due to the Ketamine and can help you relieve this feeling. Typically, laying of the hands on an arm, hand, stomach (solar plexus) can help center the patient or relieve the heaviness with a reminder to breath through it. You are not alone. By signing below you consent to the above "laying of hands or touch therapy."

Signed (Patient): \_\_\_\_\_ Date: \_\_\_\_\_

OR

You do not wish to be touched during your session but you acknowledge this consent has been offered to you.

Please initial here: \_\_\_\_\_

